

anywhere fit

7700 FOLSOM-AUBURN RD. FOLSOM, CA 95630

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:30AM CROSSFIT	5:30AM CROSSFIT	5:30AM CROSSFIT	5:30AM CROSSFIT	5:30AM CROSSFIT	
6:30AM CROSSFIT ANYWHERE X	6:30AM CROSSFIT ANYWHERE X	6:30AM CROSSFIT ANYWHERE X	6:30AM CROSSFIT ANYWHERE X	6:30AM BARBELL CLUB ANYWHERE X	
9:00AM CROSSFIT	9:00AM CROSSFIT	9:00AM CROSSFIT	9:00AM CROSSFIT	9:00AM CROSSFIT	10:00AM CROSSFIT
10:00AM ANYWHERE X	10:00AM ANYWHERE X	10:00AM ANYWHERE X	10:00AM ANYWHERE X	10:00AM ANYWHERE X	9:00AM - 12:00PM OPEN GYM
11:00AM OPEN GYM	11:00AM OPEN GYM	11:00AM OPEN GYM	11:00AM OPEN GYM	11:00AM OPEN GYM	
12:00PM CROSSFIT	12:00PM CROSSFIT	12:00PM CROSSFIT	12:00PM CROSSFIT	12:00PM CROSSFIT	
4:30PM CROSSFIT	4:30PM CROSSFIT	4:30PM CROSSFIT	4:30PM CROSSFIT	4:30PM CROSSFIT	
5:30PM OPEN GYM BARBELL CLUB	5:30PM CROSSFIT	5:30PM OPEN GYM BARBELL CLUB	5:30PM CROSSFIT	5:30PM OPEN GYM GYMNASTICS	
6:30PM CROSSFIT ANYWHERE X	6:30PM CROSSFIT ANYWHERE X	6:30PM CROSSFIT ANYWHERE X	6:30PM CROSSFIT ANYWHERE X	6:30PM CROSSFIT ANYWHERE X	